

SNW 1201 Once I Was A Lonely Cowgirl vocal by: [Astrid Heckmann](#)

Release Date: (vinyl) 2003 / 11 (MP3) – 2005 / 05

Singing Call MS-47

Original artist: None (see music box below)

Hanhurst's Best Seller listing
(September 2003) – No. 3

Original Music Details: *WRITERS: see Where, When and Who produced the music (box below)*

This is one of the songs that was written as a Square Dance and does not exist in any other form. The lyrics are based upon those originally written by Klaus Strand-Holm but have been modified by the Recording Artist – Astrid Heckmann. This was Astrid's very first recording on Snow and features her excellent voice, which serves her – both as a Square Dance Caller and as a professional Country and Western Singer.

The instrumentation on this tune is representative of the very “tight” rhythm/melody structure that you will find on all the “Gammeldansk” tunes. In my opinion it is a first-rate format for Square Dancing that works to everyone's advantage; it's easy to dance to and easy to call to! The bright Guitar, steady Bass rhythm and keyboard sounds work well with the Fiddle and Acoustic Guitars to create a very “traditional” Country and Western feel.

Additional Lyrics:

As this is an original tune, especially written for Square Dancing, all available lyrics are printed on the record sleeve

Where, When and Who produced the music:

In 1990, Ingvar Pettersson and Robert Björk formed a business relationship with Klaus Strand-Holm in Denmark.

Klaus's wife Karin had been teaching Traditional forms of Square Dancing in Denmark for some time and Klaus – an excellent musician, who had his own studio and access to many first-rate players – had been producing music for Karin to use in her courses. This same music was featured on a series of audio-cassette tapes, with which many Danish dancers will be familiar.

Klaus agreed that – if Ingvar and Robert would provide choreography and vocals for some of the audio-cassettes, in part using Sting and Snow instrumentals, then Sting and Snow could release his music – on vinyl – on our label.

These Danish recordings – more recently attributed to “Gammeldansk” (which is a most potent alcoholic “snaps-style” breakfast drink and literally translates as “old Danish”) – are very well structured tunes that rely upon a simple but effective rhythm that underpins very bright and clear lead and fill instrumentation. Many of them were written especially as Square Dance Tunes and have never been available in any other form.

In 2001, Klaus sold a further batch of his music to Sting and Snow, all of which were “original” songs.

